

VOLUNTEER OPPORTUNITIES

AS OF 3-1-10

Many students volunteer in the community and find a passion for something they did not even know existed. Giving of your time is an invaluable experience, and appreciated by those who benefit. Stop by the Career Center to peruse the volunteer board periodically. Below is a sampling of what is currently posted. If you hear of other opportunities, please e-mail them to the Career Center. jschratz@dvhigh.net.

Update on Hospital Volunteering: DVHS works with two programs: John Muir (WC) and San Ramon Regional. Both programs have only a few (1-3) openings per semester and receive 50 to 100 applications. The next opportunity will be with San Ramon Regional and the application period will be in late April. Watch school loop for announcement of a meeting to learn more and obtain an application. Remember that both of these programs require a weekly, year round commitment from volunteers.

Volunteers needed for San Ramon Teen Council!!! Are you a high school student interested in providing leadership for Teens in San Ramon? Then we invite you to apply for the Teen Council and lead the way for your age group and make a difference for Teens in San Ramon.

The Teen Council is a City Council appointed committee which makes recommendations to the City of San Ramon staff, Parks and Community Services Commission and City Council on the delivery of teen programs, facilities, activities, services and policies. In addition the Teen Council advocates for teen issues, volunteers for numerous City events and plans special activities for teens. Access the Teen Council application at: <http://www.sanramon.ca.gov/bcc/openings.html>

The benefits of joining the teen council are endless. Please review the application and make sure to turn it into the City Clerk's office by March 5th at 5pm. No late applications will be accepted. Please feel free to contact Steve Cox at 973-3253 if you have any questions.

Teen Job and Community Service FairNeed a job????? **TEEN JOB & COMMUNITY SERVICE FAIR** - Sat., March 20 1-4 p.m. **Don't miss out on your opportunity for a summer job!!!** Come to the San Ramon Senior and Community Center at 9300 Alcosta Blvd. in San Ramon on Sat., March 20 from 1-4 p.m. **Meet with potential employers, apply for jobs, sign up for volunteer work, mock interviews, resume workshop, internship and scholarship opportunities, learn how to sell yourself, and more!** For ages 13-18. Call 973-3200 for more information.

City Lights Volunteer Program and Newsletter: The city of San Ramon's City Lights Winter 2010 newsletter lists many volunteer opportunities for students. Check it out at: <http://www.ci.san-ramon.ca.us/parks/PDF/citylights.pdf>. You need to submit an application to be a part of the San Ramon City Lights Volunteer program; then you can apply to participate in any of the opportunities. The application is available at

<http://www.ci.san-ramon.ca.us/Parks/PDF/volunteerapp.pdf> and can be dropped off at any San Ramon Community Center office. Applications are also available in the Career Center.

Volunteer Center of the East Bay: The Volunteer Center operates with the mission of linking people who care with people in need. The Center's purpose is to increase community involvement and its organizational belief is that increased involvement offers tangible benefits to all participants -- volunteers, agencies, recipients of service, and civic life as a whole. Go to the main page www.helpnow.org and click on: Volunteer Opportunities Available to Youth Ages 13-17 to see where your help is needed. ***Also, the March/April Youth Volunteer bulletin is posted on school loop. View and download it from there or stop by the Career Center to view it. If you would like your own copy (and can't download it from school loop), e-mail Mrs. Schratz at jschratz@dvhigh.net.***

Student Volunteer Opportunities (Hospitals): Check out this website for a list of East Bay hospitals with volunteer opportunities.
<http://www.contracosta.edu/courses/nursing/volunteer.htm>.

John Muir Health HOSA: **Health Occupations to Students of America** is a national, professional organization open to high school and college students interested in a health care career. They focus on leadership training, career development, community service and competing at state and national level conferences. Weekly meetings. Contact Heather Kenward for more information, 674-2348 or heather.kenward@johnmuirhealth.com. New applications will be taken in fall 2010.

The Bay Area Rescue Mission In Richmond has started "Special Feature Drives" which highlight a special need for each month. They also have special Saturday events on day a month with specific activities for volunteers. This organization fulfills a great need --- so grab some friends and be a volunteer. The Career Center has applications. For additional information, see www.bayarearescue.org.